



Annual SCIENTIFIC MEETING

5 - 6 NOVEMBER 2026
THE ADELPHI HOTEL, LIVERPOOL



Thursday 5 November

08:45-09:45 Registration, refreshments, exhibition and ePosters

09:45-11:05	Plenary 1
09:45	Welcome by the Chair Miss Jackie Ross, Chair of AEPU and Consultant Gynaecologist, King's College Hospital NHS Foundation Trust
09:50	The EPU story: A glance at the past, a glimpse of the future - decades of championing early pregnancy care, what's next? Lisa Starrs, Pregnancy Support Centre Manager / Higher Specialist Nurse, NHS Lothian; and Maeve Tuomey, Senior Sister – Early Pregnancy and Acute Gynaecology, Imperial College Healthcare NHS Trust
10:15	Medications and drug trials in early pregnancy – how do we make progress? Professor Catherine Nelson-Piercy, Professor of Obstetric Medicine, King's College London, and Consultant Obstetric Physician, Guy's and St. Thomas' Hospitals NHS Foundation Trust
10:40	Implantation - mechanisms, treatments and pitfalls Dr Nicola Tempest, Senior Lecturer, Subspecialist in Reproductive Medicine and Consultant Gynaecologist, University of Liverpool

11:05-11:35 Refreshments, exhibition, and ePosters

Parallel sessions A

11:35-12:35	A1	A2	A3
11:35	Cytogenetic testing for recurrent miscarriage – why, what, when, how Ms Ingrid Granne, Associate Professor in Reproductive Medicine, University of Oxford	Adnexal masses in early pregnancy – IOTA update Dr Cheryl Dunlop, Consultant in Gynaecology and Reproductive Medicine, NHS Lothian	Twins on an EP scan – what do we need to know Alison Smith, Tutor Sonographer in Fetal Medicine and Woman's Health, Guy's and St Thomas' NHS Foundation Trust
11:55	Running an NHS recurrent miscarriage clinic – what are the current gaps? Dr Linda Watkins, Clinical Director Family Health, The Liverpool Women's NHS Foundation Trust	Hyperemesis gravidarum – is it all in the genes? Is Metformin the answer? Dr Melanie Nana, Locum Consultant, Guy's and St Thomas' NHS Foundation Trust, NIHR Clinical Research Fellow,	CS scar pregnancy – diagnosis and can we prevent? Miss Sarah Walker, Consultant in Obstetrics and Gynaecology and Clinical Lead for Placenta Accreta Spectrum (PAS), Birmingham Women's NHS Foundation Trust
12:15	NK cell testing or progesterone tampons – what is the latest intervention for recurrent miscarriage? Professor Siobhan Quenby, Professor of Obstetrics, University of Warwick	Building a new model of EPU triage Dr David Rook, ST6 in Sexual & Reproductive Health, and Rebecca Holland, Deputy Head of Nursing - Gynaecology, Fertility and Surgical Services, The Liverpool Women's NHS Foundation Trust	3D USS – do we need it for recurrent miscarriage and in our EPUs? Dr Andrea Woolner, Senior Clinical Lecturer, University of Aberdeen; and Dr Chris Kyriacou, Obstetrics and Gynaecology Specialist Registrar and Honorary Clinical Lecturer, Imperial College Healthcare NHS Trust

12:35-13:40 Lunch, exhibition, and ePoster viewing

13:05-13:35 Sponsored session: TBC

13:40-15:00	Plenary 2: Short oral presentations
13:40	Metformin in women with anovulatory polyendocrine metabolic ovarian syndrome: a randomised, double-blind, placebo-controlled trial Dr Pedro Melo, Consultant Gynaecologist, Oxford University Hospitals NHS Foundation Trust
13:50	Preconception or first trimester levothyroxine treatment for women with a high-normal thyrotropin concentration: an individual participant data meta-analysis of randomised trials Dr Rima Dhillon-Smith, Associate Professor, University of Birmingham
14:00	A national audit of surgical management of miscarriage in the United Kingdom Speaker TBC
14:10	Diagnostic Criteria for Early Embryonic Demise after In-vitro Fertilisation (DeCiDE) Speaker TBC
14:20	Does 48-hour hCG trend improve prediction of successful expectant management of tubal ectopic pregnancy? Speaker TBC
14:30	Women's experiences of diagnosis and treatment in caesarean scar ectopic pregnancy - a qualitative study Dr Simrit Nijjar, Clinical Gynaecology Research Fellow University College London Hospital NHS Foundation Trust
14:40	Biomarkers vs the bedside - predictive models for miscarriage in pregnancy of uncertainty viability Dr Margot Pikovsky, Spr O+G, Hillingdon Hospitals NHS Trust
14:50	Pregnancy intention and early pregnancy outcomes - a prospective cohort study using the London Measure of Unplanned Pregnancy in an inner London early pregnancy unit Dr Tara Ajith, Early Pregnancy and Gynaecology Research Fellow, Royal Free London NHS Foundation Trust

15:00-15:30 **Refreshments, exhibition, and ePosters**

15:30-17:15	Plenary 3
15:30	What makes a good early pregnancy scan? Roxanne Sicklen, Clinical Specialist Sonographer, Royal Free London NHS Foundation Trust
15:55	More than a heartbeat - what else can you tell from an early pregnancy scan? Dr Jessica Farren, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
16:20	A graded model of miscarriage care - from evidence to clinical practice Dr Rosinder Kaur, Academic Clinical Lecturer and Specialty Registrar in Obstetrics and Gynaecology, Birmingham Women's and Children's NHS Trust
16:45	Debate: Self-referral to the EPU should be mandated. For: Professor Siobhan Quenby, Professor of Obstetrics, University of Warwick Against: Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust
17:15	Close of day

17:15-18:00 **Fellow and Resident networking drinks**
A relaxed opportunity to connect with clinical and academic colleagues interested in early pregnancy

19:30 (for 20:00 dinner) **Conference dinner – by pre-booked ticket only**
Titanic Hotel Liverpool (Stanley Dock, Regent Rd, Liverpool, L3 0AN)



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Friday 6 November

07:25-09:00	Registration, refreshments, and exhibition	
07:25-08:10	Breakfast workshops (optional)	
	Workshop 1 THINK ECTOPIC! – clinical skills and recognising haemoperitoneum and ectopic mass on scan Mandy Hallifax, Advanced Clinical Practitioner / Nurse Sonographer in Early Pregnancy, Oxford Early Pregnancy Unit; Roxanne Sicklen, Clinical Specialist Sonographer, Royal Free London NHS Foundation Trust; and Munira Oza, Chief Executive, The Ectopic Pregnancy Trust	Workshop 2 Surgery for ectopic pregnancy masterclass – focus on salpingotomy and interstitial ectopic pregnancy Dr Cecilia Bottomley, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust; and Dr Jessica Farren, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
08:15-08:45	Breakfast session	
08:15	Sponsored session by Tristel: Review of HPV in ultrasound settings and disinfection practices. A practical look at risk, evidence and effective mitigation in ultrasound departments Speaker TBC	
08:45-09:00	AGM	
08:45	AGM	
09:00-10:00	Plenary 4	
09:00	Miscarriage and infection – a global perspective Professor David Lissauer, NIHR Professor of Global Maternal and Fetal Health, University of Liverpool	
09:20	Research to impact – making a difference in early pregnancy research Professor Keelin O'Donoghue, Principal Investigator, INFANT Research Centre, and Senior Lecturer, University College Cork, Ireland	
09:40	Expectant management of ectopic pregnancy – what should we expect? Professor Davor Jurkovic, Professor of Gynaecology, University College London Hospitals NHS Foundation Trust	
10:00-10:55	Plenary 5: Short oral presentations	
	Chairs: Beyond the procedure: Long-term reproductive outcomes following surgical uterine evacuation in early pregnancy - systematic review – Dr Sindhu Sekar, Clinical Research Fellow, The Liverpool Women's NHS Foundation Trust Laparoscopic cornuotomy for complete interstitial ectopic pregnancy - a 15-year retrospective analysis – Speaker TBC Methotrexate in the treatment of tubal ectopic pregnancies – friend or foe? – Dr Yousra Salim, ST6 Obstetrics and Gynaecology, Imperial College Healthcare NHS Trust GYneacological Risk of Ovarian torsion (GYRO) score - a simple point-based tool for ovarian torsion risk stratification – Speaker TBC Rupture following expectant or medical management of ectopic pregnancy - exploratory cohort analysis of biochemical and ultrasound predictors - Speaker TBC Beyond gestational age - a clinicopathological classification of second trimester pregnancy loss – Speaker TBC Intramural ectopic pregnancy - early insights from the first international prospective registry - Dr Simrit Nijjar, Clinical Gynaecology Research Fellow University College London Hospital NHS Foundation Trust Pregnancy loss education for medical students - results of a pilot intervention – Dr Orla Power, Specialist Registrar In Obstetrics & Gynaecology Cork, University Maternity Hospital	
10:55-11:30	Refreshments, exhibition, and poster viewing	

Parallel sessions B

11:30-12:30	B1	B2:	B3:
11:30	Communicating a GTD diagnosis Sarah Rollins, Advanced Clinical Practitioner, Sheffield Trophoblastic Disease Centre	Second trimester pregnancy loss and why we need more data Professor Alexander Heazell, Director, Tommy's Maternal and Fetal Health Research Centre, and Professor of Obstetrics, University of Manchester	Adenomyosis & Endometriosis – the impact on Early Pregnancy Dr Joel Naftalin, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
11:50	Suspecting GTD on ultrasound Miss Jackie Ross, Chair of AEPU and Consultant Gynaecologist, King's College Hospital NHS Foundation Trust	PPROM before 23 weeks - getting the diagnosis right and what happens next Dr Laura Goodfellow, Senior Clinical Lecturer in Obstetrics, University of Liverpool	Fibroids and the impact on miscarriage risk Mr Dimitrios Mavrelos, Consultant in Obstetrics, Gynaecology and Reproductive Medicine, University College London Hospitals NHS Foundation Trust
12:10	SITM trainee session – Who wants to be an EP specialist? SITM Q&As Dr Natalie Woodhead, Consultant Obstetrician and Gynaecologist, Birmingham Women's and Children's NHS Trust	Early pregnancy loss - importance of follow-up care Dr Maria Memtsa, Consultant Obstetrician and Gynaecologist, Royal Free London NHS Foundation Trust	Retained pregnancy tissue - what do we do and what does the evidence tell us? Ms Ora Jesner, Consultant Gynaecologist and Obstetrician, Barts Health NHS Trust

12:30-13:35 **Lunch, exhibition, and poster viewing**

13:00-13:30 **Sponsored session by Exeltis UK: Nausea and vomiting of pregnancy; how can we improve patient outcomes?**
Miss Nora Ahmed, Consultant Obstetrician and Gynaecologist, Foetal Medicine Specialist and Early Pregnancy Lead, Blackpool Victoria Teaching Hospital Foundation Trust

This promotional symposium has been organised and sponsored by Exeltis UK. It is intended for UK healthcare professionals only

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September 2026

13:35-15:00	Plenary 6
13:35	The paradox of early pregnancy care: Overtreatment amid systemic neglect Dr Tina Tellum, Associate Professor - Obstetrics and Gynaecology, University of Oslo, Norway; and Dr Joel Naftalin, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
13:55	PUL – dealing with the unknown Miss Jackie Ross, Chair of AEPU and Consultant Gynaecologist, King's College Hospital NHS Foundation Trust
14:15	Cultural competency for the early pregnancy setting – reducing maternal disparities from the very earliest pregnancy visits Alicia Burnett, Midwife, Tommy's and Founder and CEO, Black Baby Loss Awareness Week
14:35	Top research papers round up and panel Q&A Miss Emma Kirk, Consultant Obstetrician and Gynaecologist, Royal Free London NHS Foundation Trust
14:55	Closing comments and presentation of prizes Miss Jackie Ross, Chair of AEPU and Consultant Gynaecologist, King's College Hospital NHS Foundation Trust
15:00	Close of conference